

NIKE BASKETBALL CAMPS



Get Better This Summer at NIKE Basketball Camp! AGES 10-15 JUNE 25-29, 2017

The **Complete Skills Camp** helps players of all abilities develop athletically, refine fundamental basketball skills and enhance their skill set at the post, wing or guard position.

HIGHLIGHTS INCLUDE

DRILLS TO IMPROVE BALL HANDLING, FOOTWORK, AND SHOOTING SKILLS
DAILY EMPHASIS ON FUNDAMENTAL DEVELOPMENT AND TEAM PLAY COMPETITION
OFFICIAL NIKE CAMP T-SHIRT, NIKE WORKBOOK AND OTHER GREAT PRIZES!



THIS ONE WEEK OVERNIGHT CAMP IS HELD ON AN ELITE PRIVATE SCHOOL IN CONNECTICUT. THIS IS A BOYS-ONLY CAMP FOR AGES 10-15.

2017 COMPLETE SKILLS CAMP: JUNE 25TH-29TH

All Campers Check-in: Sunday between 2PM-3PM at Olcott Center

All Campers Check-out: Thursday at 1PM

HOUSING & ROOMMATES

CAMPERS WILL RESIDE IN QUADRANGLE DORMITORIES ON CAMPUS. CAMPERS WILL HAVE SINGLE AND DOUBLE ROOMS (ASSIGNED BY AGE). DOUBLE ROOMS ARE LIMITED. YOU WILL BE PLACED WITH SOMEONE CLOSE IN AGE.

BATHROOMS: SHARED

LINENS: NOT PROVIDED

AIR-CONDITIONING: NO

POOL: YES

ROOM KEY DEPOSIT: \$20

SUGGESTED SPENDING MONEY: \$40

SWIMMING

THERE WILL BE OPTIONAL SWIM TIME THROUGHOUT THE WEEK FOR EXTENDED DAY AND OVERNIGHT CAMPERS. PLEASE PACK ACCORDINGLY (BATHING SUIT AND POOL TOWEL).



SAMPLE DAILY SCHEDULE

- 7:00 AM Wake-up, shower
- 7:45 AM Breakfast
- 8:30 AM Skill work - Individual practice and drills
- 9:30 AM Team practices
- 10:30 AM Morning break
- 10:45 AM Full-court games
- 12:00 PM Lunch, rest
- 1:00 PM Skill work - 2 man and 3 man drills
- 2:00 PM Team practices
- 3:00 PM Afternoon games
- 6:00 PM Dinner
- 7:00 PM Special situation and contests
- 8:00 PM Free Swim
- 9:00 PM Dorms
- 10:00 PM Overnight campers to rooms; Lights out!